

# Your Guide to Seeing Orbs

**Orbs are the consciousnesses of our angels, guides, passed over loved ones and other spirits.**



**Courtesy of <https://orbwhisperer.com/>**

Orbs can be seen with the inner eye/minds eye/third eye and also with our physical eyes. They can also be seen at the front of our third eye chakra, or we can see them through our imagination. Sometimes when we least expect to see orbs, we will see them out of the corner of our eyes. Intention is everything with seeing orbs. When we have the intention to see them, often we will.

## **So, How Do We See Orbs?**

### **One – Inside, in a semi-lit or semi-darkened room.**

Best to be done at night when we are more relaxed.

Process:

1. Set an intention to see orbs. Invite your high level guides, angels and passed over loved ones to come into your room/space. You can be selective with your invitation.
2. Focus on a point in the room/space and open up your peripheral vision
3. Notice if you see any sphere's of light floating around the room. Spend at least a few minutes observing the space.
4. Say thank you to these consciousnesses for joining you, whether you were able to see them or not.

## **Two – Outside in Nature**

Process:

1. Go out into nature and bring a soft gaze to an area that has a collection of trees and bushes.
2. Open up your peripheral vision, and begin to connect with the trees, plants, bushes simply through your intention to do so.
3. Ask the nature spirits to reveal themselves to you.
4. Notice any flashes of light, or any spheres of light in your vision. Be patient with this.
5. Say thank you to the nature spirits.

## **Three – Around people**

When you are spending time around people, see if you can connect with them energetically. Sometimes thinking of things that you like about them, can help you to do this. Intend to open up your third eye vision. Now, open up your peripheral vision. Notice any orbs around them.

## **Four – On Camera**

If you would really like to experiment with seeing orbs, have a camera ready, and invite the consciousnesses to come around you. Start taking pictures. Note: There may be certain cameras that pick up on the orbs more easily than others.

I really liked what this orb whisperer recommended for taking orb photos. See below:

Night shots are the easiest when you are just beginning because you have the contrast of a white or colored orb on a dark background.

Make sure you have your flash on fill, and your camera on auto focus.

Most people have the best luck taking pictures outside. Start with your backyard. I find I get great shots both inside and outside my house.

As a novice orb photographer, be prepared to take at least fifty shots each session.

Review them when you are finished and delete the ones you don't want.

Be patient. Take ten in one direction then change your direction. Sometimes it is just a matter of aiming at the right spot and hundreds fill your frame.

As you get better at capturing orbs in pictures, you may only need a few shots each time to capture good images. Chances are you will be so captivated by them; your hobby will turn into a full time passion.

Remember: Night shots are easiest.

Use a fill flash, auto focus and a fully charged battery.

Take at least five-ten shots in the same direction.

Listen to your intuition.

The best shots may be behind you.

Zoom in to check for faces.  
Review and delete unwanted pictures.

I recommend visiting the following website for some great tips and information on seeing orbs - <https://orbwhisperer.com/orb-photography-tips>.

## **Five – On Video Camera**

Same process as for number 4, except have a video camera ready. Once again, certain brands of video camera may pick up on the orbs more easily.

I recommend for more information: <https://orbwhisperer.com/orb-photography-tips>.

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