

AURA COLOUR MEANINGS

RED AURA: Relates to the physical body, heart or circulation. The densest colour, it creates the most friction. Friction attracts or repels; money worries or obsessions; anger or unforgiveness; anxiety or nervousness.

DEEP RED: Grounded, realistic, active, strong will-power, survival-orientated.

MUDDIED RED: Anger (repelling)

CLEAR RED: Passionate, powerful, energetic, competitive, sexual. In a good, bright and pure state, red energy can serve as a healthy ego.

PINK-BRIGHT AND LIGHT: Loving, tender, sensitive, sensual, artistic, affection, purity, compassion; new or revived romantic relationship. Can indicate clairaudience.

DARK AND MURKY PINK: Immature and/or dishonest nature

ORANGE RED: Confidence, creative power.

ORANGE AURA: Relates to reproductive organs and emotions. The colour of vitality, vigor, good health and excitement. Lots of energy and stamina, creative, productive, adventurous, courageous, outgoing social nature; currently experiencing stress related to appetites and addictions;

ORANGE-YELLOW: Creative, intelligent, detail oriented, perfectionist, scientific.

YELLOW AURA: Relates to the spleen and life energy. It is the colour of awakening, inspiration, intelligence and action shared, creative, playful, optimistic, easy-going.

LIGHT OR PALE YELLOW: Emerging psychic and spiritual awareness; optimism and hopefulness; positive excitement about new ideas.

BRIGHT LEMON-YELLOW: Struggling to maintain power and control in a personal or business relationship; fear of losing control, prestige, respect, and/or power.

CLEAR GOLD METALLIC BRIGHT AND SHINY: Spiritual energy and power activated and awakened; an inspired person.

DARK BROWNISH YELLOW OR GOLD: A student, or one who is straining at studying; overly analytical to the point of feeling fatigued or stressed; trying to make up for "lost time" by learning everything all at once.

GREEN AURA: Relates to heart and lungs. It is a very comfortable, healthy colour of nature. When seen in the aura this usually represents growth and balance, and most of all, something that leads to change. Love of people, animals, nature; teacher; social.

BRIGHT EMERALD GREEN: A healer, also a love-centered person.

YELLOW-GREEN: Creative with heart, communicative.

DARK OR MUDDY FOREST GREEN: Jealousy, resentment, feeling like a victim of the world; blaming self or others; insecurity and low self-esteem; lack of understanding personal responsibility; sensitive to perceived criticism.

TURQUOISE: Relates to the immune system. Sensitive, compassionate, healer, therapist.

BLUE AURA: Relates to the throat, thyroid. Cool, calm, and collected. Caring, loving, love to help others, sensitive, intuitive.

SOFT BLUE: Peacefulness, clarity and communication; truthful; intuitive

BRIGHT ROYAL BLUE: Clairvoyant; highly spiritual nature; generous; on the right path; new opportunities are coming.

DARK OR MUDDY BLUE: Fear of the future; fear of self-expression; fear of facing or speaking the truth.

INDIGO AURA: Relates to the third eye, visual and pituitary gland. Intuitive, sensitive, deep feeling.

VIOLET AURA: Relates to crown, pineal gland and nervous system. The most sensitive and wisest of colours. This is the intuitive colour in the aura, and reveals psychic power of attunement with self. Intuitive, visionary, futuristic, idealistic, artistic, magical.

LAVENDER AURA: Imagination, visionary, daydreamer, etheric.

SILVER AURA: This is the colour of abundance, both spiritual and physical. Lots of bright silver can reflect to plenty of money, and/or awakening of the cosmic mind.

BRIGHT METALLIC SILVER: Receptive to new ideas; intuitive; nurturing

DARK AND MUDDY GRAY: Residue of fear is accumulating in the body, with a potential for health problems, especially if gray clusters seen in specific areas of the body.

GOLD AURA: The colour of enlightenment and divine protection. When seen within the aura, it says that the person is being guided by their highest good. It is divine guidance. Protection, wisdom, inner knowledge, spiritual mind, intuitive thinker.

BLACK AURA: Draws or pulls energy to it and in so doing, transforms it. It captures light and consumes it. Usually indicates long-term unforgiveness (toward others or another) collected in a specific area of the body, which can lead to health problems; also, entities within a person's aura, chakras, or body; past life hurts; unreleased grief from abortions if it appears in the ovaries.

WHITE AURA: Reflects other energy. A pure state of light. Often represents a new, not yet designated energy in the aura. Spiritual, etheric and non-physical qualities, transcendent, higher dimensions. Purity and truth; angelic qualities.

WHITE SPARKLES OR FLASHES OF WHITE LIGHT: Angels are nearby; can indicate that the person is pregnant or will be soon.

EARTH COLOURS AURA: Soil, wood, mineral, plant. These colours display a love of the Earth, of being grounded and is seen in those who live and work on the outdoors....construction, farming, etc. These colours are important and are a good sign.

RAINBOWS: Rainbow-coloured stripes, sticking out like sunbeams from the hand, head or body: A Reiki healer, or a star-person (someone who is in the first incarnation on Earth).

PASTELS: A sensitive blend of light and colour, more so than basic colours. Shows sensitivity and a need for serenity.

DIRTY BROWN OVERLAY: Holding on to energies. Insecurity.

DIRTY GRAY OVERLY: Blocking energies. Guardedness.